

# SUMMER SESSION

# OAKVILLE GYMNASTICS CLUB RECREATIONAL SUMMER PROGRAMS

## July and August, 2022



Glen Abbey Community Centre  
1-1415 Third Line • Oakville • Ontario • L6M 3G2  
Phone: 905-847-7747  
Email: [info@oakvillegym.com](mailto:info@oakvillegym.com)

Website: [www.oakvillegym.com](http://www.oakvillegym.com)

PROGRAM	AGE	FEE	TUESDAY	WEDNESDAY	THURSDAY
PARENT & TOT (1 HR)	18mo-3yr	\$195		5:00 6:00	
GYM MINI CRICKET (1 HR)	3-5 years	\$195	5:00 6:00	5:00 6:00	5:00 6:00
ADVANCED GYM MINI CRICKET (1.5 HR)	4&5 years	\$275	4:30*	4:30* 6:00*	
GIRLS RECREATION (1.5 HR)	6-10 years	\$275	4:30 6:00	4:30 6:00	4:30
ADVANCED GIRLS RECREATION (2 HR)	7-12 years	\$355		5:00**	<u>Adult Gym (\$275)</u> 16+ years 7:00-9:00
BOYS RECREATION (1.5 HR)	6-10 years	\$275	4:30		6:00
TRAMPOLINE AND TUMBLING (1.5 HR)	7+ years	\$275	6:00	6:00	4:30 6:00
ACRO (1.5 HR)	6+ years	\$275	6:00		4:30

Programs are from July 5 to September 1 and will run depending on registration numbers.

Participants must be the minimum age of the program by August 1, 2022.

\* Advanced GMC – must have completed Level 2 of the GMC level system

\*\* Advanced Girls Rec – must have completed Level 4 of the Girls Rec level system

# SUMMER CAMP PROGRAMS

## HALF DAY CAMP \$155\* (Co-ed)

**Monday to Friday: Morning 9am-12pm or Afternoon 1pm-4pm**

\*\$130 for Week 5 (August 2-5)

### **Ages: 4-5 years – Gym Mini Crickets**

Half Day campers will participate in games, crafts, gymnastics activities and, weather permitting, a visit to the Rec Centre playground (Tues/Thur AM or Wed/Fri PM). Please pack a nut-free snack each day, sunscreen, and a theme-related costume on Friday. We also recommend an extra set of clothes.

### **Ages: 6-12 years – Recreational Gymnastics or Trampoline & Tumbling/Acro**

- Recreational Gymnastics – Vault, Bars, Beam, Floor and Trampoline
  - Trampoline & Tumbling/Acro – Trampoline, Fast Trak, Double Mini, Floor, and Acro skills
- Please pack a nut-free snack each day, and a theme-related costume on Friday.

### **Weeks 1, 3, 5, 7, 9 Ages 6-12 years**

9am-12pm  
1-4pm  
Gymnastics  
T&T/Acro

### **Weeks 2, 4, 6, 8 Ages 6-12 years**

9am-12pm  
1-4pm  
T&T/Acro  
Gymnastics



## ADDITIONAL INFORMATION

- Campers are welcome on-site 5 minutes before their scheduled start time, and must be picked up at the conclusion of their class or a late fee of \$15.00 will be charged.
- We offer **Before Care (7:30am-9am)** and **After Care (4pm-5:30pm)** for \$8 per day, per service. Before/After Care does NOT include gymnastics instruction.
- Please ensure all snacks/lunches are nut-free. The Club does NOT provide food.
- Children will need to wear shorts and a t-shirt (or other comfortable clothing - no skirts, jeans, belts, buckles or zippers), have hair tied back, bare feet and no jewellery in the gym. Please send sunscreen and running shoes for outdoor activities.
- All campers must be signed in and out each day by their parent/guardian. Please inform us if someone else is picking up your child.
- Participants must be the minimum age of the camp for any given week.
- Please note, each day of the FULL DAY PROGRAM is a full day of activities and is not suitable for those children requiring naps.
- All weekly themes and outings are subject to change.
- **Additional Fees:** \* **\$35.00 non-refundable annual GO insurance & registration fee (July 1<sup>st</sup>, 2022 to June 30<sup>th</sup>, 2023).**  
\* **\$30.00 New Building Fund (one time charge per new family)**

# SUMMER CAMP PROGRAMS

## FULL DAY CAMP \$280\* (Co-ed)

**Monday to Friday: 9am-4pm**

**Ages: 4-5 years and 6-12 years**

\*\$230 for Week 5 (August 2-5)

Full Day campers will participate in games, crafts, and gymnastics activities including Vault, Bars, Beam, Floor, Trampoline and Acro! Please pack two nut-free snacks and a nut-free lunch each day, sunscreen, and a theme-related costume on Friday.

**Note for children aged 4-5 years:** Weather permitting, 4-5 year old campers will visit the Rec Centre playground (Tues/Thur AM and Wed/Fri PM). We also recommend an extra set of clothes.

### **Outings for children aged 6-12 years:**

**Tuesday and Thursday afternoon** – walk to Heritage Way Park and swimming at Glen Abbey Pool

**Wednesday afternoon** – outing or special on-site activity

WEEK	DATES	FEE	THEME	OUTING/ON-SITE ACTIVITY
1	July 4 to 8	\$280	Pyjama Party	Just Dance Party
2	July 11 to 15	\$280	Under the Big Top	Film.ca Cinemas
3	July 18 to 22	\$280	Aloha Paradise	Luau Party
4	July 25 to 29	\$280	Superheroes	Ultimate Laser Tag
5	August 2 to 5	\$230	Little Chefs	Be Our Chef
6	August 8 to 12	\$280	Knights and Princesses	Dundurn Castle
7	August 15 to 19	\$280	Mad Science	Silly Science Day
8	August 22 to 26	\$280	Under the Sea	Wild Water Works
9	August 29 to September 2	\$280	Passport Around the World	Amazing Race