



Oakville Gymnastics Club

Drop-In Program

Join us for our Drop-In Program – an unstructured, care-giver supervised time for kids to explore the gym, enjoy a playdate, and make new friends! Fun circuits and games will be set up each week.

AGES: Walking unassisted to 5 years

PRICE*: \$11 for 1st child and \$5 for siblings
* \$35 Gymnastics Ontario fee must be paid after 1st visit (expires June 30th)

ATTIRE: Children will need to wear shorts and a t-shirt (or other comfortable clothing - no skirts, jeans, belts, buckles or zippers), have hair tied back, bare feet and no jewelry. Adults should wear comfortable clothing and no shoes.

DROP-IN/GYM RULES:

1. All children must be **directly supervised by an adult at all times** (whether they are on the gym floor or in viewing area).
 - a) Ratios in the gym are **ONE adult to a maximum of ONE child**.
 - b) Adults **must be within arm's reach** of their children at all times.
 - c) Additional adults and children may not watch from the viewing area, as it is closed until further notice.
 - d) Children who are not yet walking unassisted are not permitted on the gym floor unless they are in a baby carrier (bucket seats are allowed for sleeping babies only).
2. For insurance purposes, adults are not permitted on any of the equipment. **Be aware of changing surfaces, tripping hazards and cables as you move around the gym.**
3. Only one child at a time on a trampoline.
4. Inversions or "flips" are not permitted.
5. The foam pits will be off limits. All foam pits will be covered with vinyl landing mats. Athletes can still land on the vinyl mats which can be cleaned after each user.
6. The water fountain will be used as a filling station only. Athletes/coaches/staff are to bring their own labeled, water bottle from home already filled. No sharing of water bottles.
7. **No food, drink or gum** is permitted in the facility.
8. **No photos or videos** are permitted in the facility.
9. Please leave your belongings in the open change room area. The gym is not responsible for any lost or stolen items.
10. Cell phone use is not permitted in the gym.

The OGC Supervisor is there to provide safety and guidance for all participants. Please follow the Supervisors' instructions at all times, ask for equipment when needed, and let them know if you have any questions, concerns or comments regarding the Drop-In Program. The maximum number of participants will be determined by the OGC on a weekly basis. The Club reserves the right to remove any participant for non-compliance. Thank you and have fun!