

ACROBATIC GYMNASTICS Training Schedule JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>AcroP1 - 11:00-1:00 (E)@OGC Acro P2 - 1:00-4:00 (E)@OGC Acro P3 - 9:00-1:00 (A)@OGC Acro P4 - 1:30-5:30 (A)@OGC Age Group - 5:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest</p>	<p>3</p> <p>AcroP1 - 3:30-5:30 (E)@Nest Acro P2 - 5:30-8:30 (E)@Nest Acro P3 - 6:00-9:00 (A)@Nest Acro P4 - 3:30-6:30 (A)@Nest Age Group - 6:00-9:00 (S/G)@OGC Jnr/Snr - 3:00-7:00 (S/G)@OGC</p>	<p>4</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest (please remember some now start at 3.30pm)</p>	<p>5</p> <p>AcroP1 - 4:00-6:00 (E)@Nest Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 12:00-4:00 (S/G)@Nest Jnr/Snr - 12:00-4:00 (S/G)@ Nest</p>	<p>6</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - 3:00-6:00 (A)@OGC Acro P4 - 6:00-9:00 (A)@OGC Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 4:00-8:00 (S/G)@ Nest</p>	<p>7</p> <p>AcroP1 - No Training Acro P2 - 3:30-6:30 (E)@Nest Acro P3 - 3:30-6:30 (A)@Nest Acro P4 - No Training Age Group - 6:30-9:30 (S/G)@Nest Jnr/Snr - 6:30-9:30 (S/G)@ Nest</p>	<p>8</p> <p style="text-align: center;">Off</p>
<p>9</p> <p>AcroP1 - 11:00-1:00 (E)@OGC Acro P2 - 1:00-4:00 (E)@OGC Acro P3 - 9:00-1:00 (A)@OGC Acro P4 - 1:30-5:30 (A)@OGC Age Group - 5:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest</p>	<p>10</p> <p>AcroP1 - 3:30-5:30 (E)@Nest Acro P2 - 5:30-8:30 (E)@Nest Acro P3 - 6:00-9:00 (A)@Nest Acro P4 - 3:30-6:30 (A)@Nest Age Group - 6:00-9:00 (S/G)@OGC Jnr/Snr - 3:00-7:00 (S/G)@OGC</p>	<p>11</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest (please remember some now start at 3.30pm)</p>	<p>12</p> <p style="text-align: center;">OGC BANQUET</p> <p>AcroP1 - NO TRAINING Acro P2 - NO TRAINING Acro P3 - NO TRAINING Acro P4 - NO TRAINING Age Group - 12:00-4:00 (S/G)@Nest Jnr/Snr - 12:00-4:00 (S/G)@ Nest</p>	<p>13</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - 3:00-6:00 (A)@OGC Acro P4 - 6:00-9:00 (A)@OGC Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 4:00-8:00 (S/G)@ Nest</p>	<p>14</p> <p>AcroP1 - No Training Acro P2 - 3:30-6:30 (E)@Nest Acro P3 - 3:30-6:30 (A)@Nest Acro P4 - No Training Age Group - 6:30-9:30 (S/G)@Nest Jnr/Snr - 6:30-9:30 (S/G)@ Nest</p>	<p>15</p> <p style="text-align: center;">Off</p>
<p>16</p> <p>AcroP1 - 11:00-1:00 (E)@OGC Acro P2 - 1:00-4:00 (E)@OGC Acro P3 - 9:00-1:00 (A)@OGC Acro P4 - 1:30-5:30 (A)@OGC Age Group - 5:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest</p>	<p>17</p> <p>AcroP1 - 3:30-5:30 (E)@Nest Acro P2 - 5:30-8:30 (E)@Nest Acro P3 - 6:00-9:00 (A)@Nest Acro P4 - 3:30-6:30 (A)@Nest Age Group - 6:00-9:00 (S/G)@OGC Jnr/Snr - 3:00-7:00 (S/G)@OGC</p>	<p>18</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest (please remember some now start at 3.30pm)</p>	<p>19</p> <p>AcroP1 - 4:00-6:00 (E)@Nest Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 12:00-4:00 (S/G)@Nest Jnr/Snr - 12:00-4:00 (S/G)@ Nest</p>	<p>20</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - 3:00-6:00 (A)@OGC Acro P4 - 6:00-9:00 (A)@OGC Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 4:00-8:00 (S/G)@ Nest</p>	<p>21</p> <p>AcroP1 - No Training Acro P2 - 3:30-6:30 (E)@Nest Acro P3 - 3:30-6:30 (A)@Nest Acro P4 - No Training Age Group - TRAINING @ GLENABBEY - TIME TBC Jnr/Snr - TRAINING @ GLENABBEY - TIME TBC</p>	<p>22</p> <p style="text-align: center;">CANADIAN CHAMPIONSHIPS OAKVILLE</p>
<p>23</p> <p style="text-align: center;">CANADIAN CHAMPIONSHIPS OAKVILLE</p>	<p>24</p> <p style="text-align: center;">ASSESSMENT DAY PAN AM</p> <p>AcroP1 - DAY OFF Acro P2 - DAY OFF Acro P3 - DAY OFF Acro P4 - DAY OFF Age Group - 8.30am - 2.30pm (S/G)@Nest Jnr/Snr - 8.30am - 2.30pm (S/G)@Nest</p>	<p>25</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 5:00-9:00 (S/G)@ Nest (please remember some now start at 3.30pm)</p>	<p>26</p> <p>AcroP1 - 4:00-6:00 (E)@Nest Acro P2 - No Training Acro P3 - No Training Acro P4 - 4:00-7:00 (A)@Nest Age Group - 12:00-4:00 (S/G)@Nest Jnr/Snr - 12:00-4:00 (S/G)@ Nest</p>	<p>27</p> <p>AcroP1 - No Training Acro P2 - No Training Acro P3 - 3:00-6:00 (A)@OGC Acro P4 - 6:00-9:00 (A)@OGC Age Group - 4:00-8:00 (S/G)@Nest Jnr/Snr - 4:00-8:00 (S/G)@ Nest</p>	<p>28</p> <p>AcroP1 - No Training Acro P2 - 3:30-6:30 (E)@Nest Acro P3 - 3:30-6:30 (A)@Nest Acro P4 - No Training Age Group - DAY OFF (S/G)@Nest Jnr/Snr - DAY OFF (S/G)@ Nest</p>	<p>29</p> <p style="text-align: center;">SUMMER VACATION</p>
<p>30</p> <p style="text-align: center;">SUMMER VACATION</p>	<p>1</p> <p style="text-align: center;">SUMMER VACATION</p>	<p>2</p> <p style="text-align: center;">SUMMER VACATION</p>	<p>3</p> <p style="text-align: center;">SUMMER VACATION</p>	<p>4</p> <p style="text-align: center;">SUMMER VACATION</p>	<p>5</p> <p style="text-align: center;">SUMMER VACATION</p>	<p>6</p> <p style="text-align: center;">SUMMER VACATION</p>

E = Erin A = Alyssa G = Greg S = Scott