



MEN'S COMPETITIVE TRYOUTS

Our team is searching for the next generation of strong, fast, and eager gymnasts! Boys ages 4-9 are invited to attend our second last open tryout for next season's Competitive Team.

Please sign up at the office or contact Jason at j.haid@oakvillegym.com to make alternate arrangements.

Tuesday March 5, 2019

7:30 - 8:00pm

Gymnastics plays a fundamental role in athletic development and inspires self confidence, discipline, and perseverance. Oakville Gymnastics offers training opportunities for boys based on age, ability, commitment, and goals. Our developmental groups prioritize having fun while improving fitness and developing solid fundamentals. Our competitive groups build on this framework with more specialized training in preparation for provincial and national competitions.

Gymnasts on our team will learn tumbling on the floor, flipping and twisting on the trampoline, and get to try new challenges on the pommel horse, rings, vault, parallel bars, and high bar.

Our new season begins in July of 2019 but contact us anytime to see if existing spots have opened up.

